



COME HOME TO AFRICA

CAPESTUDIES

MADE IN CAPE TOWN, 1995

... inspired by Mother Africa for 30 years



This guide is designed to help you **transition smoothly into life in Cape Town** while studying at Cape Studies. We look forward to welcoming you and making your learning experience unforgettable!

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Cape Studies – language school
17 Varney's Road, Green Point
Cape Town 8000, South Africa

REGISTRATION NUMBER:

2021/531 491/07

ACCREDITATION WITH QCTO TRAINING PROVIDER:

SDP 1228/17/005



Student life @ Cape Studies

Upon arrival on a Monday morning, students are greeted by our staff at the school and taken to a designated classroom where their writing and speaking tests are conducted (this test period takes 50min). Please be at the school @ 8am on your first day.

Once the tests are marked, Students will be escorted to their class as per their level - (Beginner/Elementary/Pre-intermediate/Intermediate/Upper-intermediate).

You will then receive your course material.

Throughout the week, students can do different activities around the city with their fellow school mates. We have a **'Student WhatsApp Group'** where all the students interact and plan trips together. Every Friday, students write a weekly test based on what has been taught during the week.

To end the week off, we have a certificate ceremony where we bid farewell to those who have completed their course at our school by saying goodbye in the best way possible, with love!



Public Holidays 2026

New Year's Day	01.01.2026	Thursday	closed
Human Rights Day	21.03.2026	Saturday	closed
Good Friday	03.04.2026	Friday	closed
Easter Monday	06.04.2026	Monday	closed
Freedom Day	27.04.2026	Monday	closes 13h00
Workers Day	01.05.2026	Friday	closed
Youth Day	16.06.2026	Tuesday	closes 13h00
National Women's Day	09.08.2026	Sunday	closed
Heritage Day	24.09.2026	Thursday	closes 13h00
Day of Reconciliation	16.12.2026	Wednesday	closes 13h00
Christmas day	25.12.2026	Friday	closed
Day of Goodwill	26.12.2026	Saturday	closed

In South Africa when a public holiday falls on a Sunday, the following Monday is declared a public holiday. On these days, the school will **close at 1 pm**. Group classes will be cancelled, but private lessons will be made up on another day.

South African cell phone number

You can buy a local sim card at our school for R25 (\$1.20) & it includes some airtime.

Our Facebook & Instagram site

See what is happening at the moment, meet with past, present and future students online, exchange ideas and experiences.

Lessons All group classes start at 09h00. If you have booked a Standard Course, your class will end at 12h50. If you have booked an Intensive course, your class will end at 15h20. Private lessons will take place at 08h00 from the following day.

Free pronunciation classes

on **Thursdays @ 15h30**. - Each lesson is 50 minutes - max. 8 students / class - Material fee of € 50 needs to be paid in Cape Town. Please note: all courses (except Cambridge Program) start every Monday (except on Public Holidays). For the best learning experience, teachers rotate every 3, 4 weeks.



Class times

Timetable

Time	Monday	Tuesday	Wednesday	Thursday	Friday
08h00-08h50	Private Lesson	Private Lesson	Private Lesson	Private Lesson	Private Lesson
09h00-09h50	Grammar	Grammar	Grammar	Grammar	Grammar
10h00-10h50	Grammar	Grammar	Grammar	Grammar	Grammar
11h00-11h50	Skills	Skills	Skills	Skills	Skills
12h00-12h50	Skills	Skills	Skills	Skills	Skills
12h50-13h30	Lunch	Lunch	Lunch	Lunch	Lunch
13h30-14h20	Conversation/Business English or Exam Preparation	Conversation/Business English or Exam Preparation	Conversation/Business English or Exam Preparation	Conversation/Business English or Exam Preparation	Conversation/Business English or Exam Preparation
14h30-15h20	Conversation/Business English or Exam Preparation	Conversation/Business English or Exam Preparation	Conversation/Business English or Exam Preparation	Conversation/Business English or Exam Preparation	Conversation/Business English or Exam Preparation
15h30-16h20	Private Lesson	Private Lesson	Private Lesson	Private Lesson	Private Lesson



The key values of **Ubuntu**
are survival, solidarity spirit,
compassion, deep kindness,
generosity, humaneness
respect and dignity



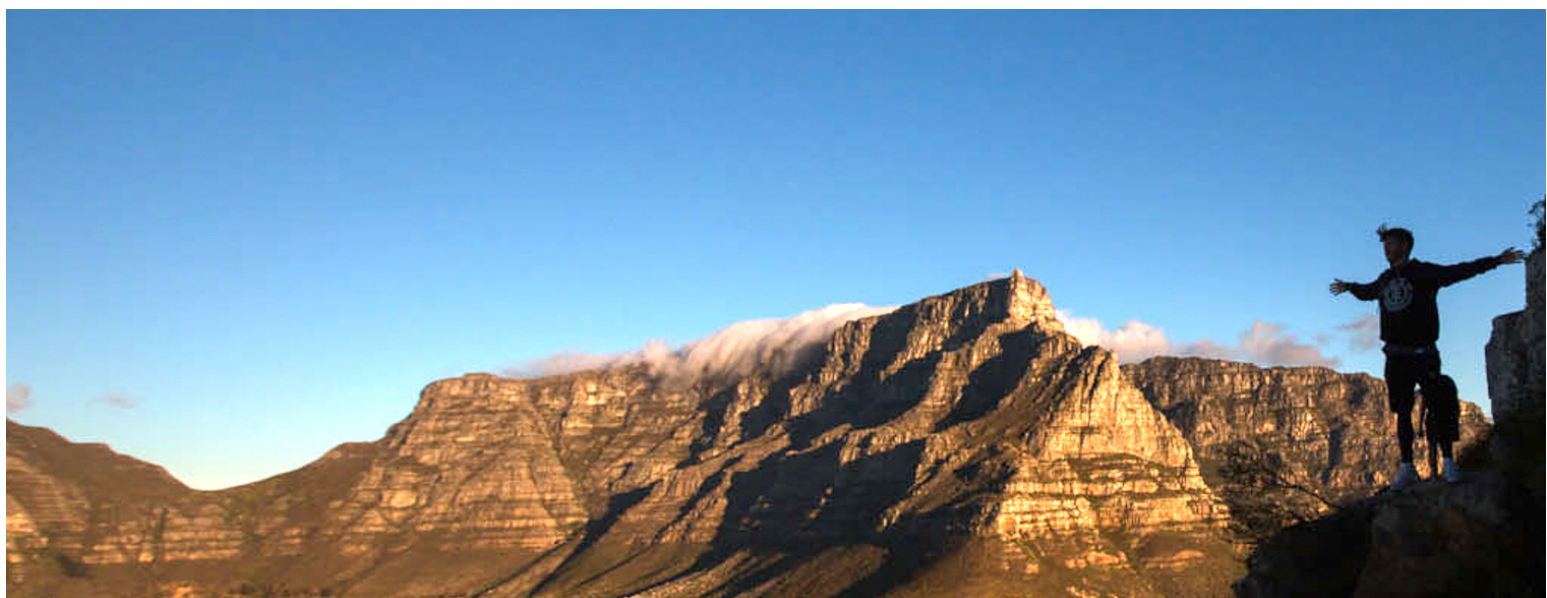
Visa & Immigration Requirements

Foreign students must ensure they have the appropriate visa before arriving in South Africa. Students from most European and South American countries can enter South Africa on a tourist visa which they will get at the port of entry. For some countries, a **study visa** is required. To apply, students need:

- an acceptance letter from Cape Studies.
- proof of sufficient funds for tuition and living expenses.
- medical insurance valid in South Africa.
- a valid passport (at least six months beyond the duration of stay).

For visa extensions or renewals, students must apply through VFS, the by **Department of Home Affairs** appointed agent before their visa expires.

Please ask us for additional information.



Health & medical assistance

Foreign students **should have medical insurance** before entering South Africa. Some key healthcare providers:

- **Private hospitals:** Netcare, Mediclinic, life healthcare.
- **Public hospitals:** Groote Schuur, somerset hospital.
- **Pharmacies:** Clicks, Dis-chem, and local independent pharmacies.

Emergency number: 062 - 1062700 (school contact) or **10177** (ambulance).

We recommend Momentum student medical aid. Please ask us for more information if interested. Kindly note that we have no business relationship with momentum - our assistance is a pure favour to our students.



Accommodation options

Cape Studies provides limited on-campus accommodation, we also recommend:

Host families: experience local culture and practice English daily.

Student residences: shared accommodations for international students.

Private rentals: flats and apartments available in wonderful neighbourhoods like **Green Point, Sea Point, and Gardens.**

Safety tip: avoid staying in remote or unfamiliar areas and always verify rental agreements before making payments.

Please ask us for assistance if you are in doubt.

Banking & Currency Exchange - Transportation & Getting Around

South Africa's currency is the **South African Rand (ZAR)**. Foreign students can:

- Open a local bank account at **FNB, Standard Bank, ABSA, or Nedbank**.
- Use international credit/debit cards (MasterCard & Visa widely accepted).
- Exchange currency at **Bureaux de Change or major banks**.
- Use **ATM withdrawals**, but be cautious in isolated areas

- **MyCiTi Bus:** The safest and most reliable public transport option.
- **Uber & Bolt:** Recommended for safe private travel.
- **Minibus Taxis:** Affordable, but not always safe for foreign students.
- **Car Rentals:** Available with an international driver's license.
- **Airport Transfers:** Pre-arrange transport for arrival in Cape Town.



Safety Tips & Cultural Insights

- **Always carry a copy of your passport and visa.**
- **Drinking age is 18;** avoid public intoxication.
- **Drugs are illegal;** South African laws are very strict.
- **Respect local customs and diversity**—South Africa is a multicultural society.
- **Emergency Numbers:** Medical (**10177**), General (**112** from mobile phones).
- South Africans value **Ubuntu** (human kindness and community spirit).
- English is widely spoken, but learning some local phrases (e.g., **"Howzit?" for Hello**) is appreciated.
- Tipping is customary: **10-15% at restaurants**, and **small tips** for car guards or service workers.



Weather & Packing Guide

Social Integration & Extracurricular Activities

Cape Town has a **Mediterranean climate** with hot summers and mild winters.

- **Summer (Dec - Feb):** Light clothing, sunscreen, and sunglasses.
- **Winter (Jun - Aug):** Rainproof jacket, warm clothing.
- **Spring/Autumn:** Layers for varying temperatures.
- **Always bring comfortable walking shoes** for exploring.

To enhance your experience:

- Join the **Cape Studies WhatsApp group** to connect with other students.
- Participate in **weekly activities and city tours** organized by the school.
- Explore cultural sites such as **Table Mountain, Robben Island, and the V&A Waterfront**.
- Volunteer opportunities are available through local charities and community programmes.



Details and contacts

Emergency number
062 – 1062700

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ACCREDITATION WITH QCTO TRAINING PROVIDER:	SDP 1228/17/005
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Your notes

